

About the teachings and writings

As to the techniques themselves, what I can teach is from my understanding of what I have learned of Creative Healing.

We do not have written instruction from Mr. Stephenson about the specific treatments; his journals are mostly about his metaphysical explorations and insights.

We are lucky that Mr. Stephenson's primary student, John Hunt, remembered Mr. Stephenson's words verbatim and taught the techniques exactly as he was taught. Because Mr. Stephenson had been arrested and harassed for "practicing medicine without a license", and while he was exonerated, Mr. Hunt was afraid of further persecution and taught many people to use Creative Healing without naming it.

Near the end of Mr. Stephenson's life, he predicted that Creative Healing would be well known around the turn of the century when freedom of choice was better respected in health care. That time is now.

Creative Healing is being done by people in many different disciplines of healing and is taught as part of other systems of thought.

Those of us who were part of the Stephenson Foundation wish to teach the techniques as purely as possible. Yet, I see from studying with several people in the lineage from Mr. Stephenson that each understands and does the work a little differently.

Each person who uses these techniques successfully uses them with their own Creative Mind operating in their own way and therefore understands from a different perspective than any other.

We all see, feel, hear, experience the world in our own way, and that is the beauty of living and learning.

I will teach you what I have learned of how Stephenson saw the body, adding my interpretations simply because the information is coming through my particular filters and understanding.

I have studied many other modalities of healing, and I see that the principles of Creative Healing are the same underlying principles in many other systems.

Creative Healing has similarities to aspects of:

- Acupressure
- Osteopathy
- Energy Healing
- Visceral Massage
- Cranial Sacral Therapy
- Polarity Therapy
- Distance Healing

Mr. Stephenson said he brought forth this work from many other life times of healing work. I have derived these notes from the video tapes, teachings and writings of John Hunt, Patricia & John Bradley, Louise Hunt, Dr. James Mac Kimmey and Mr. Stephenson's journal: My thanks to each of them for preserving and editing Stephenson's work.

I am thankful for Creative Healing and the promise it contains for practical, economical health care for everyone. Our world is in need of healing, and Creative Healing is a way to make our prayers for healing manifest.

Sunny